

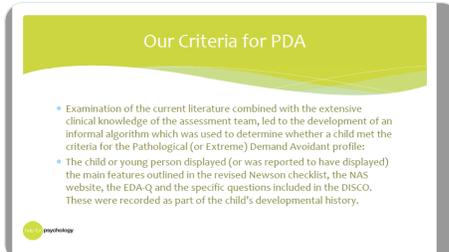
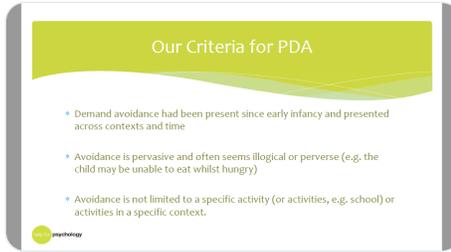


Richard Woods @Richard_Autism

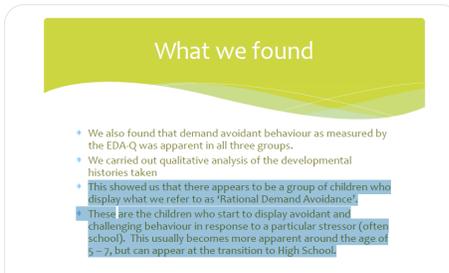
1 Aug · 13 tweets · [Richard_Autism/status/1289494894201929728](https://twitter.com/Richard_Autism/status/1289494894201929728)



[@fantasmavoid](#) Oh boy you could not be more mistaken. I have as much PDA knowledge & understanding as anyone else does. Take Help4Psychology PDA definitions.



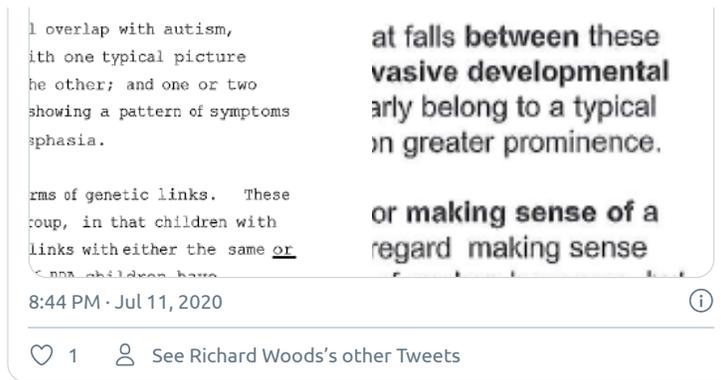
[@fantasmavoid](#) Help4Psychology used these definitions to create a "Rational Demand Avoidance" group of autistic persons. So CYP person about 6 presents PDA behaviours, as they seem triggered by aversive school experiences. They deemed this not to be PDA.



[@fantasmavoid](#) That other "Rational" demand avoidance is not extreme enough in nature to associated with PDA.

[@fantasmavoid](#) There are problems here in how PDA clinical literature says persons can transition into and out of PDA. I cover that elsewhere:





[@fantasmavoid](#) I discuss in detail literature on dividing autism here, including how we transition between profiles.

<https://rationaldemandavoidancecom.files.wordpress.com/2020/07/11-july-2020-overall-on-attempts-to-divide-autism-literature.pdf>

[@fantasmavoid](#) What really shows that the Help4Psychology PDA definitions are arbitrary is how many autistic persons, especially CYP have issues with Theory of Mind, alexithymia and interoception.

[@fantasmavoid](#) So that many autistic persons will :

- Struggle to work out their own mental state.
- Struggle to work out their own emotions.
- Struggle to work out what their internal bodily senses mean.

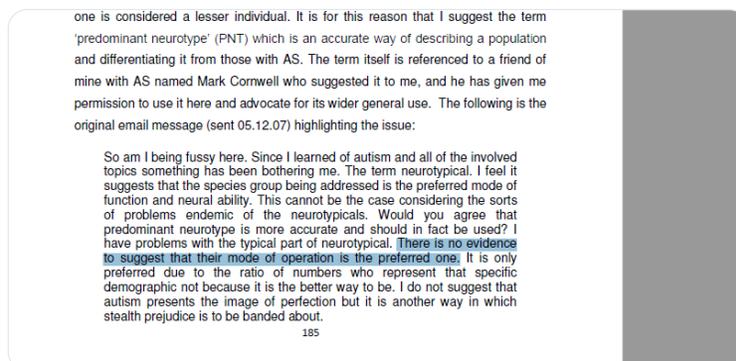
[@fantasmavoid](#) What these means is that many autistic persons will be unable to work out the source of their demand avoidance, i.e. rationalise it. If they cannot rationalise their demand avoidance, how can you have a "Rational Demand Avoidance group"?

[@fantasmavoid](#) Then if one starts to assume that those who cannot rationalise their demand avoidance, that their Demand Avoidance would be rational from other's perspectives. That is one projecting other's views onto them.

[@fantasmavoid](#) It also then arbitrary over whose perspective is deemed rational or irrational/ pathological.

[@fantasmavoid](#) We know there is no evidence to say that being non-autistic versus being autistic and vice versa. From [@SheffieldLuke](#) Doctoral Thesis.

http://shura.shu.ac.uk/7155/1/Beardon_aspergers_-_full.pdf



[@fantasmavoid](#) [@SheffieldLuke](#) Which tells us that Help4Psychology PDA definitions are arbitrary and one can legitimately view their "Rational Demand Group" as belonging to PDA.

[@fantasmavoid](#) [@SheffieldLuke](#) I initially worked out these points about nature of the Rational Demand Avoidance group when talking to [@Allison66746425](#) yesterday.

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