



Richard Woods @Richard_Autism

7 Jul · 14 tweets · [Richard_Autism/status/1412840318270152710](#)



Tangent at [@DjzemaLouiz](#), one can also have different outlooks due to what they have been through, not only in cognitive ways of being.



PDA is meant to have coding deficits in social identity/ pride/ shame. I am unconvinced they are actually present, & that the proposed deficits cause social interaction issues in PDA.

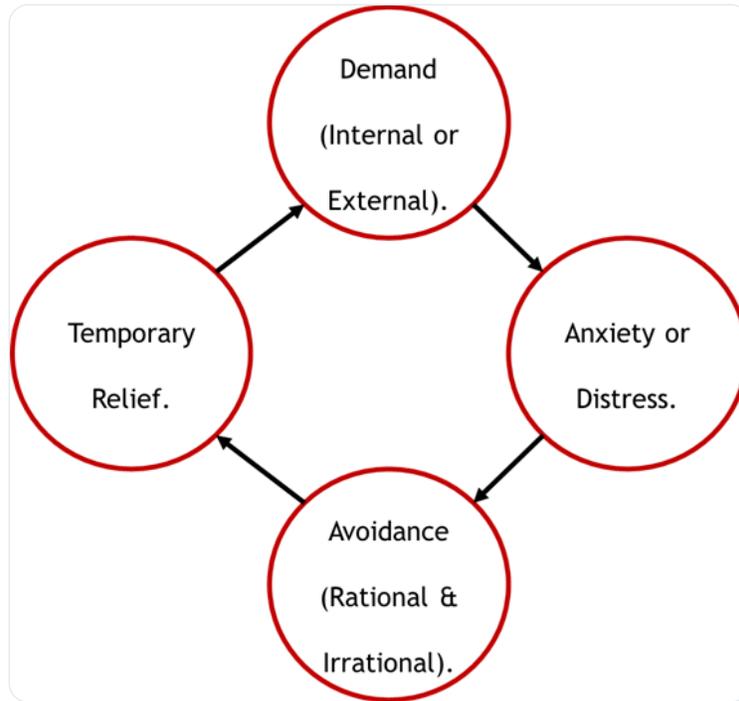
Newson argued demand avoidance was obsessive in nature as persons know no boundaries, i.e., motivated to express avoidance of various demands because do not know any better.

Also had a need for control in PDA. Issue here is that everyone. most/ all persons have a need for control & benefit from being in charge. Some are suggesting there is a need for autonomy instead of a need for control.

I would point out that each person, to some extent tends to need their own autonomy, chance to be themselves for their own wellbeing; e.g., look at negative impact of masking on those who can not naturally be themselves.

This is slightly tangential [@DjzemaLouiz](#). My issue is that if one considers what is happening with PDA; any deficits in social identity/ pride/ shame, or chaotic or confused word views are the result of RRBIs, & how they impact social interactions.

So in demand management cycle, a person is stressed & is highly aroused why displaying the avoidance features/ behaviours. So are naturally processing information less accurately & more emotively than "normal".



Demand Management Cycle is important, as the entire point of social avoidance behaviours is to force removal of demands, which are often being made by other persons; i.e., to terminate social interactions.

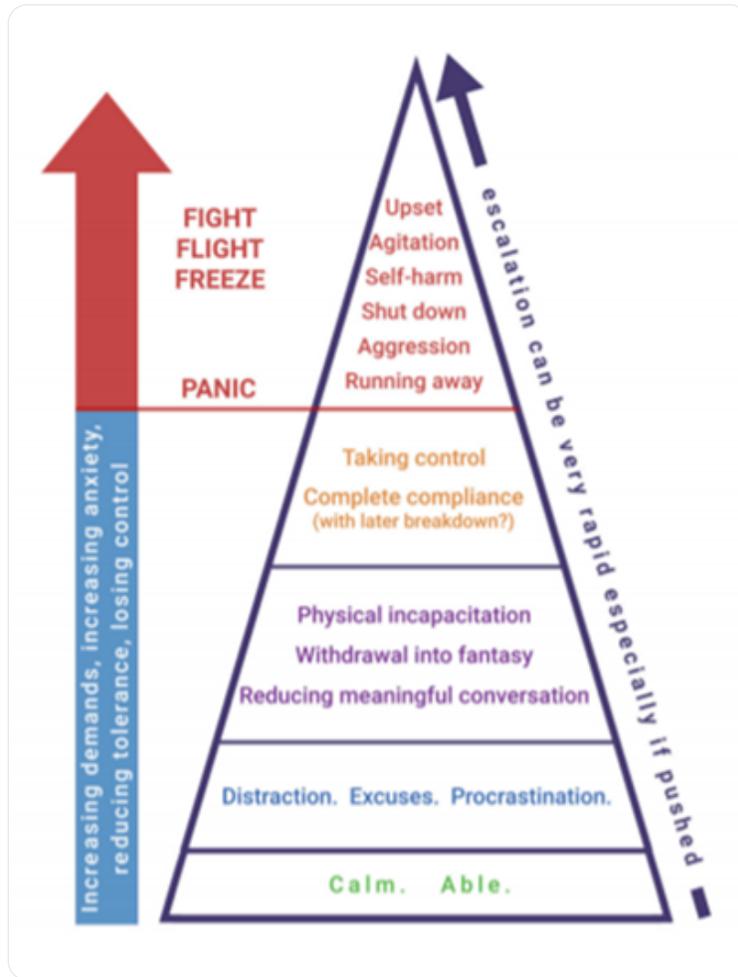
A similar dynamic to social interactions is also present with features from lability of mood, e.g., changing from love to hate in an instant; are also going to impact social interactions with many persons, often prematurely terminating them.

One also has to account for dissociation aspect of "comfortable & roleplay" trait, which is viewed as a coping mechanism to anxiety/ distress to demands.

Finally when added with the trauma that persons with PDA often experience (my axiology of PDA has its etiology being trauma &/ or aversive experiences), can also cause issues with pride/ shame/ identity.

It is natural for anyone who is highly distressed, expressing PDA features over an extended period of time, would have a chaotic worldview, probably with issues with social identity/ pride/ shame.

Example of PDA features, with distress. I am not entirely happy with the image, but it is useful. Image from [@PDASociety](#) What is PDA booklet.



[@threadreaderapp](#) Please can you unroll?

Thank you in advance.

The entire thread [@DjzemaLouiz](#), I hope you find it useful.

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