



**Richard Woods** @Richard\_Autism

Nov 23, 2021 · 8 tweets · [Richard\\_Autism/status/1463183560110710788](#)

[@TheSleepCharity](#) I am unsure what you have been informed on the proposed Disorder "Pathological Demand Avoidance". However, it is a highly controversial & severely contested topic.

[@TheSleepCharity](#) You have probably been told by the PDA Society, "Pathological Demand Avoidance" is a form of the autism spectrum, which would be a misleading description of it.

[@TheSleepCharity](#) Recently, three independent reputable parties have considered the evidence base for PDA, concluded that there is no evidence to suggest what features are associated with "Pathological Demand Avoidance", or what it is.

[@TheSleepCharity](#) It should not need to saying, that only viewing "Pathological Demand Avoidance" as a "Profile of Autism" intrinsically discriminates against non-autistic persons with PDA.

[@TheSleepCharity](#) If you would like a short, comprehensive overview of PDA debates, & its four main school of thoughts, please see this 800 word essay below, published with [@BPSOfficial](#)  
[https://www.researchgate.net/publication/354386742\\_Pathological\\_demand\\_avoidance\\_PDA\\_Its\\_four\\_schools\\_of\\_thought](https://www.researchgate.net/publication/354386742_Pathological_demand_avoidance_PDA_Its_four_schools_of_thought)

[@TheSleepCharity](#) For a more detailed introduction of various PDA debates can be found in this conference talk.  
[https://www.researchgate.net/publication/356109997\\_Demand-Avoidance\\_Phenomena\\_Pathological\\_Extreme\\_Demand\\_Avoidance\\_It's\\_four\\_schools\\_of\\_thought\\_and\\_how\\_you\\_may\\_conceptualise\\_it](https://www.researchgate.net/publication/356109997_Demand-Avoidance_Phenomena_Pathological_Extreme_Demand_Avoidance_It's_four_schools_of_thought_and_how_you_may_conceptualise_it)

[@TheSleepCharity](#) Thank you for time, and I hope you have not been misled on the nature of "Pathological Demand Avoidance", and its current ongoing debates, by certain disreputable parties.

[@threadreaderapp](#) Please could unroll?

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