



**Richard Woods** @Richard\_Autism

Oct 16 · 14 tweets · [Richard\\_Autism/status/1581565788296646656](#)

[@Wayward\\_Shadow](#) There is intense dislike at the "Pathological" descriptor in PDA. So there are different names for it, like "Rational Demand Avoidance" or "Extreme Demand Avoidance". Those who favour the former, like me & [@milton\\_damian](#) tend view PDA as being a broad inclusive process...

[@Wayward\\_Shadow](#) [@milton\\_damian](#) ... So there is not a difference in how the demand-avoidance in PDA functions in a transactional process. Yet, some parties who view PDA to be a "Profile of ASD", who have taken a narrow & highly biased outlook on PDA, disagree with that view of Rational Demand Avoidance...

[@Wayward\\_Shadow](#) ... Help4Psychology, which is a private clinic, that specialises in "PDA Profile of ASD", has claimed that there are differences between how it views PDA & what it refers to as "Rational Demand Avoidance"...

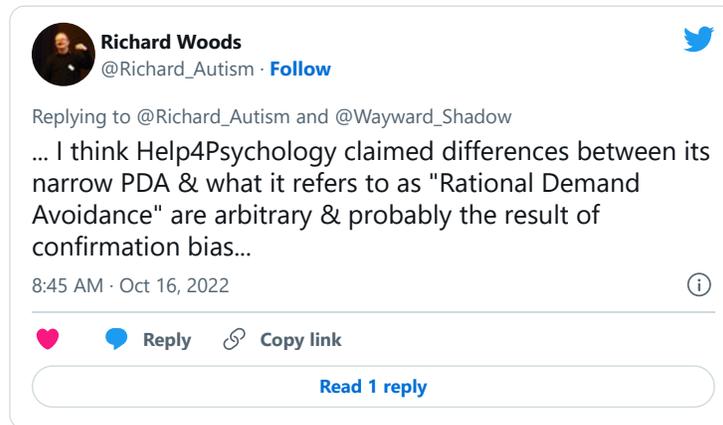
[@Wayward\\_Shadow](#) ... I think Help4Psychology claimed differences between its narrow PDA & what it refers to as "Rational Demand Avoidance" are arbitrary & probably the result of confirmation bias...

[@Wayward\\_Shadow](#) ... So I am pointing out that silliness in the position of Help4Psychology & other proponents of "PDA Profile of ASD" on PDA vs Rational Demand Avoidance, by highlighting that if an meltdowning autistic child has is avoiding the demand of a person chasing them...

[@Wayward\\_Shadow](#) ... The avoidance behaviour being expressed by the meltdowning autistic child is almost certainly going to be anything but rational due to them experiencing panic. All the adult is doing is placing a major demand on the meltdowning autistic is going to make the situation worse...

[@Wayward\\_Shadow](#) ... This response by an meltdowning autistic child (lets be honest even in many non-autistic children), is going to be largely the same irrespective if they are diagnosed with a narrow PDA diagnosis, that Help4Psychology & others advocate for...

[@Wayward\\_Shadow](#) So I am using this example as evidence to support my position I said earlier.



[@Wayward\\_Shadow](#) ... point I missed, is that if an autistic child was meltdowning, who was not diagnosed with PDA, fled/ showed other avoidance behaviours due to demand of being chased by an adult. Despite child's meltdown (& probable panic),..

[@Wayward\\_Shadow](#) ... The demand-avoidance would be viewed as rational in nature, as it would be expressed in a child in Help4Psychology's (arbitrary) Rational Demand Avoidance, despite meltdowning autistic child actions not being due to child rationally choosing to express it.

[@Wayward\\_Shadow](#) ... Problem if one views an autistic child actions while having a meltdown, as being rational, it suggests child is doing it by choice, so adult could the punish the meltdowning child.

I am pointing potentially harmful nonsense advocating by "PDA Profile of ASD" supporters.

[@Wayward\\_Shadow](#) ... You know it is all fine & hunky dory, as Help4Psychology & other "PDA Profile of ASD" advocates have no conflicts of interests & are totally not highly biased at all (may or may not be hyperbole).

[@Wayward\\_Shadow](#) Original tweet used in this example



[@Wayward\\_Shadow](#) [@threadreaderapp](#) Please could you unroll?

Thank you in advance.

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